

**2024年度  
八戸学院大学  
地域経営学科  
一般選抜Ⅱ期**

**英 語**

**注 意 事 項**

- 1 試験開始の合図があるまで、この問題冊子を開かない。
- 2 筆記用具は黒色の鉛筆またはシャープペンシルを使用する。
- 3 問題冊子に印刷不鮮明、ページの落丁などがあるときは、手を挙げて監督者に伝える。
- 4 問題冊子の余白等は適宜利用してよい。
- 5 問題冊子は持ち帰ってよい。

【 I 】 次の英文を読み、後の問いに答えなさい。

**Renewable Energy and Fossil Fuel Energy**

Renewable energy and fossil fuel energy are two contrasting types of energy sources. Renewable energy comes from natural sources that are restored over time, such as the Sun, wind, water, and biomass. It does not deplete natural resources because these sources are constantly renewed. On the other hand, fossil fuel energy comes from ancient organic matter, such as plants and animals, which took millions of years to form. Fossil fuels are non-renewable resources that are being consumed at a much faster rate than they can be replenished.

In terms of environmental impact, renewable energy is generally considered cleaner and more sustainable. It produces electricity with minimal greenhouse gas emissions, helping to reduce air pollution and combat climate change. In contrast, burning fossil fuels releases significant amounts of greenhouse gases, contributing to global warming and air pollution.

Another difference lies in availability and cost. Renewable energy sources like solar and wind power are abundant and available in many regions. With technological advancements, their costs have significantly decreased, making them more accessible and affordable. Fossil fuel production, on the other hand, can be expensive and dependent on limited reserves, which can lead to price variations and international conflicts.

Overall, renewable energy offers a cleaner, more sustainable, and increasingly cost-effective alternative to fossil fuel energy. It reduces environmental impacts, helps combat climate change, and promotes long-term energy security. Changing to renewable energy sources is necessary for a greener and more sustainable future.

問い 1 : 次の  ～  に対する答えとして最も適切なものをそれぞれ (a)～(d)から 1 つ選び、その記号を○で囲みなさい。

- Renewable energy sources are replenished over time, while fossil fuel energy sources
- (a) are also renewable
  - (b) are depleted over time
  - (c) never change over time
  - (d) change when necessary

- Renewable energy sources include
- (a) the Sun, Earth, Moon, and stars
  - (b) coal, oil, and natural gas
  - (c) the Sun, wind, water, and biomass
  - (d) biohazard, waterboard, sunbake, windblown

3. Fossil fuel energy sources are derived from
- (a) ancient organic matter
  - (b) renewable sources like the sun and wind
  - (c) unreliable sources like biomass and composting
  - (d) ancient historical matters
4. Which type of energy is considered cleaner and more sustainable?
- (a) Fossil fuel energy
  - (b) Renewable energy
  - (c) Manufactured energy
  - (d) Organic vegetables
5. Renewable energy helps to fight
- (a) energy price fluctuations
  - (b) energizing factualization
  - (c) climate change of the Earth
  - (d) communism on the Earth
6. Fossil fuel energy releases significant amounts of
- (a) greenhouse gases
  - (b) renewable energy
  - (c) renewable gasses
  - (d) greenhouse agriculture
7. Fossil fuel energy is considered non-renewable because
- (a) it takes millions of years to form
  - (b) it can be replenished quickly
  - (c) it takes a short time to develop
  - (d) time is a relation of space and gravity
8. The cost of renewable energy sources has
- (a) released greenhouse gasses over time
  - (b) increased significantly over time
  - (c) not changed over time
  - (d) decreased significantly over time

9. Fossil fuel energy production can lead to

- (a) a certain change of conflicting logic
- (b) energy security and stability across borders
- (c) price fluctuations and cross-border conflicts
- (d) extraction of fossil fuels across borders

10. Transitioning to renewable energy sources is important for

- (a) energy security and environmental sustainability
- (b) maintaining reliance on fossil fuel energy
- (c) guaranteed success of fossil fuel corporations
- (d) sustaining the status of current fossils and fuels

問い 2 : 次の 1. ~ 10. は、本文の内容として正しい (true) か正しくない (false) か。正しければ T に、正しくなければ F に○をつけなさい。

1. Renewable energy sources are replenished over time from natural sources like the Sun, wind, water, and biomass. **T / F**

2. Fossil fuels are considered renewable resources because they can be replenished over millions of years. **T / F**

3. Fossil fuel energy is generally cleaner and more sustainable compared to renewable energy. **T / F**

4. Burning fossil fuels releases no greenhouse gas emissions. **T / F**

5. Renewable energy is believed to contribute to global warming and air pollution. **T / F**

6. Renewable energy sources like solar and wind power are abundant and available in many regions. **T / F**

7. Fossil fuel production is not dependent on finite reserves. **T / F**

8. Technological advancements have made renewable energy sources less accessible and more expensive. **T / F**

9. Changing to renewable energy sources is necessary for a greener and more sustainable future. **T / F**

10. Fossil fuels are considered cleaner, more sustainable, and more cost-effective than renewable energy sources. **T / F**

【II】 次の英文を読み、後の問いに答えなさい。

**Unlock Your Potential: Elevate Your Mental Health Through Exercise!**

Are you ready to experience a powerful transformation that goes beyond physical fitness? Discover the incredible benefits of exercise for your mental well-being. Exercise is not just about changing your body; it is a powerful tool to boost your mood, reduce stress, and enhance your overall mental health.

Regular exercise has been shown to release endorphins, chemicals that generate feelings of happiness and euphoria. Say goodbye to stress and anxiety as exercise becomes your natural stress-buster, promoting relaxation and improving your quality of sleep.

Exercise provides an outlet for emotions, allowing you to convert any negative energy into something positive and productive. Whether it's a vigorous workout or a calming yoga session, exercise helps you regain control, clear your mind, and enhance your self-esteem.

Engaging in physical activity creates a sense of accomplishment. As you set and achieve fitness goals, you'll develop flexibility, discipline, and a stronger belief in yourself. The mental benefits of exercise extend far beyond the gym, positively impacting your personal and professional life.

Moreover, exercise encourages social connections and a sense of community. Join group classes, sports teams, or outdoor activities, and make new friendships while enjoying the power of shared experiences.

Make exercise your “mental garden”, your personal escape from the challenges of everyday life. Enjoy the incredible benefits of physical activity and unlock your full potential, not just physically, but mentally and emotionally as well.

Invest in yourself and prioritize your mental health. Start your exercise journey today, and experience the effects on your mind, body, and soul. Elevate your mental well-being through exercise and witness a life filled with vitality, positivity, and endless possibilities!

問い1 : 次の  1.  10. は、本文の内容として正しい (true) か正しくない (false) か。正しければ T に、正しくなければ F に○をつけなさい。

- |                             |                                                                                      |       |
|-----------------------------|--------------------------------------------------------------------------------------|-------|
| <input type="checkbox"/> 1. | Exercise can boost your mood and increase feelings of happiness.                     | T / F |
| <input type="checkbox"/> 2. | Regular exercise increases daily stress levels.                                      | T / F |
| <input type="checkbox"/> 3. | Exercise can improve the quality of your sleep.                                      | T / F |
| <input type="checkbox"/> 4. | Physical activity can help you shift negative energy into something positive.        | T / F |
| <input type="checkbox"/> 5. | Exercise affects essential hormones that reduce activity.                            | T / F |
| <input type="checkbox"/> 6. | Accomplishing fitness goals through exercise can enhance flexibility and discipline. | T / F |
| <input type="checkbox"/> 7. | Exercise has negative effects on personal and professional life.                     | T / F |

8. Exercise can provide a sense of relaxation and calmness. **T / F**
9. Physical activity can create opportunities for social connections and a sense of community. **T / F**
10. Shared experiences through exercise have no real impact on well-being. **T / F**

問い 2 : 次の  1. ~  10. に対する答えとして最も適切なものをそれぞれ (a)~(d)から 1 つ選び、その記号を○で囲みなさい。

1. What is the primary focus of the essay?
- (a) The history of exercise
  - (b) The physical benefits of exercise
  - (c) The mental benefits of exercise
  - (d) The importance of a balanced diet
2. Exercise can help release which chemicals that generate feelings of happiness and euphoria?
- (a) Serotonin
  - (b) Endorphins
  - (c) Cortisol
  - (d) Insulin
3. How does exercise affect stress and anxiety?
- (a) It worsens stress and anxiety
  - (b) It has no impact on stress and anxiety
  - (c) It acts to reduces stress and anxiety
  - (d) It depends on the type of exercise
4. What benefit does exercise offer in terms of emotions and self-esteem?
- (a) It suppresses emotions
  - (b) It has no effect on self-esteem
  - (c) It provides an outlet for emotions
  - (d) It lowers self-esteem

5. How can exercise positively impact personal and professional life?

- (a) By making you less disciplined
- (b) By decreasing your belief in yourself
- (c) By enhancing discipline and self-esteem
- (d) By increasing stress levels

6. What does engaging in physical activity create for individuals?

- (a) A sense of boredom
- (b) A sense of stagnation
- (c) A sense of accomplishment
- (d) A sense of sadness

7. How does exercise contribute to social connections and a sense of community?

- (a) It isolates individuals from others
- (b) It fosters loneliness
- (c) It has no impact on social connections
- (d) It allows people to join group activities

8. What is described as an individual's "mental garden" in the essay?

- (a) The workplace
- (b) The gym
- (c) The home
- (d) The park

9. According to the essay, what are the benefits of exercise **not** limited to?

- (a) Physical fitness
- (b) Mental and emotional well-being
- (c) Professional development
- (d) Weight loss

10. What is the author encouraging readers to do in the essay?

- (a) Embrace the benefits of meditation
- (b) Prioritize their physical health over mental health
- (c) Invest in themselves and start their exercise journey
- (d) Avoid group activities and stay isolated

【Ⅲ】 次の会話文を読み、空欄 1. ～ 7. に当てはまる単語として最も適切なものをそれぞれ(a)～(d)から 1 つ選び、その記号を○で囲みなさい。

**Ayaka:** Hey Mike, have you heard about the increasing number of foreign workers coming to Japan?

**Mike:** Yeah, I read 1. about it. Do you think it'll change things a lot?

**Ayaka:** Well, it could bring some positives, 2. different perspectives and skills. But I'm also a bit worried about how it might affect our culture.

**Mike:** Interesting point. I guess it's about 3. a balance. What do you think 4. the job market?

**Ayaka:** Some say it might create more competition for jobs. But on the flip side, it could help with labor shortages in certain industries.

**Mike:** 5. . But what about language barriers?

**Ayaka:** Good question. Communication 6. be a challenge, but it could also push us to improve our language skills.

**Mike:** Yeah, it's a double-edged sword. Overall, do you think it's a good thing?

**Ayaka:** I think so, as long as we're open-minded and work together 7. overcome the challenges. It might make Japan more diverse.

**Mike:** Agreed. Embracing change while preserving our identity is key.

- |    |               |              |                |                |
|----|---------------|--------------|----------------|----------------|
| 1. | (a) something | (b) anything | (c) nothing    | (d) everything |
| 2. | (a) likes     | (b) liked    | (c) like       | (d) liking     |
| 3. | (a) looking   | (b) finding  | (c) searching  | (d) seeing     |
| 4. | (a) with      | (b) about    | (c) while      | (d) along      |
| 5. | (a) Truthful  | (b) Truism   | (c) Truth      | (d) True       |
| 6. | (a) might     | (b) always   | (c) definitely | (d) possibly   |
| 7. | (a) to        | (b) for      | (c) towards    | (d) of         |

【IV】 次の会話文を読み、空欄 1. ～ 7. に当てはまる単語として最も適切なものをそれぞれ(a)～(d)から1つ選び、その記号を○で囲みなさい。

**Justin:** Hey Sosuke, have you 1. following the news about global warming?

**Sosuke:** Yeah, it's getting serious. What do you think we can do 2. it?

**Justin:** Well, one thing is being more conscious of our energy use. Like turning off lights and using less water.

**Sosuke:** Good point. But what about the bigger stuff, like pollution?

**Justin:** That's where things get tricky. Governments and industries 3. to step up and find cleaner solutions. But we can still make our voices heard, 4. know?

**Sosuke:** Yes. Every little bit helps. What about renewable energy?

**Justin:** 5. ! Investing in solar or wind power can make a big difference. It's about making sustainable choices.

**Sosuke:** I agree. It's just hard to see the impact of our actions sometimes.

**Justin:** It is, but 6. everyone does their part, we can slow down global warming. We need to think about the planet's future.

**Sosuke:** You're right, Justin. Let's do what we can and encourage others too.

**Justin:** That's the spirit, Sosuke. Together, we can 7. a change.

- |    |              |               |                 |             |
|----|--------------|---------------|-----------------|-------------|
| 1. | (a) be       | (b) to be     | (c) being       | (d) been    |
| 2. | (a) within   | (b) to        | (c) about       | (d) for     |
| 3. | (a) should   | (b) need      | (c) would       | (d) deserve |
| 4. | (a) you      | (b) I         | (c) we          | (d) they    |
| 5. | (a) Exciting | (b) Exactly   | (c) Exclamation | (d) Except  |
| 6. | (a) than     | (b) if        | (c) during      | (d) via     |
| 7. | (a) build    | (b) construct | (c) grow        | (d) make    |